



GRAN HOTEL
BAHIA DEL DUQUE RESORT

GRAN HOTEL BAHÍA DEL DUQUE
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History

On the 20th of November 1993, the Gran Hotel Bahía del Duque opened its doors. This is an impressive building located in Costa Adeje, in the south of the island of Tenerife (Canary Islands). Hence a dream came true; a dream held some years ago by a group of interior designers, businessmen and architects, a dream that consisted of building a top quality hotel complex that would become a benchmark for the world tourist sector. Sixteen years later, the Gran Hotel Bahía del Duque is a benchmark of luxury, exclusiveness, impeccable service, strategic location (situated in an area that is well known for its micro-climate, where the temperature never drops below 16 ° and does not exceed 23 °). El Gran Hotel Bahía del Duque is the property of Inversiones Hoteleras Playa del Duque, most of whose capital belongs to the Luis Zamorano Company, founding partner of CIO, and which covers activities that range from food, services, design, research and real estate management that now operates beyond the borders of the Canary Islands. Chosen by many experts as one of the best establishments in the world, the hotel represented an investment of over 60 million Euros and it has a staff of 600 employees.

The Gran Hotel Bahía del Duque has also become an ecological benchmark because of the 63,000 square metres of tropical and sub-tropical vegetation that it has and which has propitiated the development of its own bio-climate, with all kinds of palms, dragon trees, Indian laurels, flame trees, jacarandas, fruit trees, cactus and a range of different European plants.

The gardens contain 5 swimming pools: 3 fresh water pools (2 heated), 2 salt water pools and 1 pool for children, squash, paddle tennis and tennis courts, play areas, gymnasia and a lake with several species of animals. One of the most important assets of the hotel is its beach, made up of five coves along a 950 metre stretch of coastline. This beach, known as Playa del Duque, has individual huts and exclusive services for hotel guests, like open-air massages, water sports entertainment, brunch and picnic on the beach, etc.

Rooms

The Gran Hotel Bahía del Duque is situated on an extensive estate covering 100,000 square metres in a bay called “Bahia del Duque”, on the shoreline of the municipal district of Adeje, in the south of the island of Tenerife. This work designed by prestigious architect Andrés Piñeiro, recreates a small village, with nineteen low density independent houses, breaking away from the concept of a tall, voluminous building. With a total of 357 rooms, 46 of which are suites, the hotel is



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a faithful reflection of early 20th century Canary Island architecture. Within this luxury resort, there are four highly exclusive areas:

– Casas Ducales

This area of the Gran Hotel Bahía del Duque was created to house and receive guests seeking greater privacy and an even more personalised service within the hotel. Casas Ducales offer:

- 1 Independent reception
- 2 Butler service
- 3 Separate breakfast lounge
- 4 Personalised services

The Casas Ducales have recently undergone a complete make-over by interior designers Pascua Ortega and Perico Mesa, who also designed the 40 new villas, the building and the interiors of the ***Spa Bahía del Duque Resort by ESPA***. This area of the hotel consists of 17 suites and 34 rooms with spectacular sea views.

– Villas

The Villas del Duque, opened in January 2008, were designed by prestigious interior designer Pascua Ortega, who was helped with the collaboration and supervision of Canary Island decorator Perico Mesa. These 40 villas are now a sound benchmark of the most exquisite luxury. Outside, a private, infinity style pool, gardens of tropical and sub-tropical flora; and inside, bedrooms and bathrooms finished in basalt stone and vertical overhead lighting, aromatic candles and amenities from the luxurious Italian brand Acqua di Parma (www.acquadiparma.com), and sound equipment by Bang & Olufsen. These exclusive residences offer extraordinary services like dinners prepared by a private chef served in the villa, an extensive menu of aroma-therapy baths (romantic, energetic, relaxing, etc.) that are prepared by the team that works exclusively for the Villas, massages inside or outside provided by the team of therapists from the Spa, personalised breakfasts, etc. Moreover, this exclusive area of Villas has its own reading and tea lounge, with several kinds of tea that are served all afternoon, snack bar and a spectacular common pool, with a la carte restaurant service.



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Las Villas del Duque are grouped into three kinds

* Villas “Las Mimosas”: These residencies have two bedrooms and two bathrooms, including a spacious basalt stone bath with natural lighting. All the villas have spectacular views over the sea. The Villas “Las Mimosas” have a capacity for four people.

* Villas “Las Retamas”: These two-storey villas offer one bedroom and one bathroom with a basalt stone bath and natural lighting. Everything is arranged on two storeys. The “Las Retamas” have a capacity for two people.

* Villas “Las Palmeras”: In these villas, there is one bedroom and a bathroom that includes a spacious bath with natural lighting, kitchenette and lounge-dining room. This residence has a capacity for three people.

Wining and dining

The Gran Hotel Bahía del Duque has nine restaurants and eight bars, where good food lovers can enjoy Canary Island, French, Italian, Latin American or Mediterranean cuisine. The flagship is the new Las Aguas restaurant, located in the area of the new Villas, in an exclusive and welcoming setting, designed by interior designer Pascua Ortega and run by renowned Canarian Chef Braulio Simancas, one of the most important chefs of the new insular gastronomy. With his arrival the 1st of January 2010, Simancas’ objective is to make the “Las Aguas” Restaurant one of the most coveted establishments, for lovers of typical Canarian products.

Among others, Simancas has been awarded with the Regional Award of Gastronomy, Día de Canarias Plate Award and the Gastronomy Academy Award of Santa Cruz de Tenerife. Also, he is the first Canarian Chef to participate in the prestigious conference, Madrid Fusión.

Sports, Leisure and Entertainment

The Gran Hotel Bahía del Duque has a Reading Lounge with national and international newspapers, a Bridge and Billiards Lounge, 2 Tennis courts, 2 Paddle Tennis courts, 1 Squash court, Jogging Circuit, Botanic Walk, Beach Volley, Archery,



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Darts, Table Tennis, Boules, Giant Chess, Gymnasium, Mountain Biking, Aqua Gym, Pilates M.A.T., Aerobic, Dancing, Painting, Handicrafts, Cocktail making and Cooking classes, Body Sculpting, Steps, Personal entertainment. Sports on the beach: Paragliding, Jet Ski, Parasailing, Water sports: Diving, Windsurfing, Sailing, Water Skiing, Game Fishing, apart from a gymnasium with a team of expert trainers. The services offer the possibility of personalised training sessions in areas of weight training, squash and tennis classes, etc. Moreover, the hotel offers a bicycle route to watch the sunset from the different beaches of the Adeje area. For this, it has a fleet of bikes and experts to design the right circuit for each person or suggestion.

Children

The Gran Hotel Bahía del Duque, elected one of the best family resorts in the world, has a wide range of activities and facilities for children. Its little “mundo menudo” is in the recreation area, where a small play ground has been created with rides, swings, painting courses, etc.... an all under the supervision of a team of assistants trained to deal with the children. This space has already become a benchmark for children who “force” their parents to return to the hotel every year to enjoy a family atmosphere that does not forget about their needs. Moreover, the hotel has started to celebrate personalised birthday parties for some of the children staying here, and by indication of their parents.

Spa Bahia del Duque by ESPA

Inspired by the exceptional climate and natural landscape of Tenerife, ESPA, the exclusive luxury spa consultancy firm (www.espaonline.com) has created the new spa at GRAN HOTEL BAHÍA DEL DUQUE (www.bahia-duque.com), offering à la carte treatments and unique rituals based on the resources provided by the Adeje Coast environment, where the hotel is located. Marine extracts, volcanic lava and aloe vera, autochthonous natural resources from the Canary Islands, are just some of the ingredients used to develop the newest and most surprising body and facial therapies available on the treatment menu.

Furthermore, ESPA products are internationally acclaimed for their high quality, used by men and women all round the world who appreciate their natural biological ingredients, such as essential oils, revitalising seaweeds and therapeutic muds.

This brand has arrived on the Canary Islands together with the new and exclusive Bahía del Duque Spa, to bring out the best of ancient philosophies such as the Ayurvedic culture, Chinese Medicine and Aromatherapy with the aim of relaxing mind and body in an entirely holistic experience.



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Bahía del Duque Spa has 30 treatment rooms, 5 outdoor cabins for facial and body treatments, for couples, groups or individuals, and 2 VIP suites (baptised with the names Drago and Garoé) for treatment in couples. The suites cover 70 m2 each, with a private terrace, relaxation area, showers and baths for individually-tailored treatments in complete privacy.

The human team at Bahía del Duque Spa consists of professionals who have been on ESPA technique training courses lasting several months in order to gain a good understanding of the firm's values, and the philosophy of this impressive wellness centre, located in one of the best hotels in the world.

The following elements form part of the varied offer of treatments, circuits, techniques and sessions using different methods:

– **Sea Water Therapy Circuit**

Located in the open-air, this circuit offers the enjoyment of the therapeutic benefits of the water that is taken from the bottom of the Atlantic Ocean that bathes the hotel shores and is warmed for spa use. The experience starts in the Vitality Pool with the enjoyment of its relaxing bubbles in the air beds, cervical jets, swan neck, then followed by immersion in the ice well, achieving a wonderful relaxing of mind and body through the contrasting temperatures. One of the biggest added values of this circuit is that it has been designed for use when the sun goes down, and the chromotherapy system comes on in the Vitality Pool. It is known as a harmonisation method, for healing certain illnesses through colours.

– **Hamman**

Also known as a Turkish Bath, this humid steam bath, formerly used as a social meeting place, offers a hygiene ritual marked by the architectural elements in the zone. Its principal benefits are body cleansing and relaxation.

– **Saunas**

This is also a steam bath but it delivers dry steam at a high temperature and minimum humidity, with beneficial effects on the body as it releases toxins, cleanses the skin and activates blood flow. Accompanied by contrasting temperatures, it is recommended to finish a sauna session with a cooling session in order to enhance its benefits.



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– Scottish Showers

Alternating jets of cold and hot water in Scottish showers have a toning, stimulating effect. They also reactivate the blood flow and tone the skin through a surface micromassage, with a very pleasant feeling.

– Fitness Room

This space, which opens onto a courtyard with a central fountain surrounded by gardens, has been designed to join physical activity and wellbeing in the Kinesis area as well as in the Chi Studio. In the latter, based on traditional oriental techniques, courses and classes are taught on Yoga, Tai Chi, Meditation and Pilates, which ensure relaxation of the mind and physical exercise. The Kinesis Area, highlighted by the cutting edge technology and the Italian design of the **Technogym** equipment, has created a new concept in physical exercise, it allows for three-dimensional movements through a system of cables and pulleys. Kinesis consists of four vertical panels called, Alpha, Beta, Gamma and Delta and each one of these corresponds to a specific group of exercises and muscles. The cables and pulleys can be adapted to cover individual needs. The practice of Kinesis creates real-life gestures or exercises, such as lifting up a child, hammering a nail, or practicing a golf swing. Kinesis strengthens the muscles used in these tasks: it is not about lifting weights, but about finding the use for it in our everyday lives. This technique is based around the natural movement of the body and its implementation has several specific goals or objectives for those who practice it. These objectives can be classified, among others, as **FUN** (Kinesis has a clear objective, which is to have fun while training), **SHAPE** (continued exercise allows you to gain a harmonious body), **POWER** (to gain energy), **BALANCE** (balance between body and mind, which puts Kinesis in a category above Pilates or Yoga), **MOVE** (reduce and burn calories). There are no age limits nor training strategies.

– Restaurants

The Garden Café, located beside the main spa pools has created a surprising menu with light, creative dishes made with healthy, natural ingredients, such as salads and sandwiches with aloe vera, tomato or multi-cereal bread, amongst others, accompanied by a wide selected of teas and natural fruit juices.



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– Changing Rooms

To enhance our guests' visit to the spa, the two changing rooms have been designed as relaxation rooms with special lighting, interior decoration and size. Guests have their own personal lockers with robe, slippers and towels. The facilities provide unique corners to enjoy a sauna or hammam, followed by a refreshing shower, relaxation beds and outdoor marine thermal baths.

– Decoration

Created by interior designer Pascua Ortega, the new Bahía del Duque Spa has opted for natural materials, such as the flooring that is finished in Colmenar limestone, autochthonous Basalt and Toscan stone, which are typical in the area. Natural oak has been used for interiors, and Ipe for outdoors. Walls have been crafted in stucco using natural pigments, imitating the tone of Toscan stone that is very common in the South of Tenerife Island. Also, limestone, white Macael marble, painted glass, treated oak and mosaic have been used. With regard to furniture and fittings, cotton, raffia and natural plant fibres have been selected, as well as sisal curtains hanging in the spa reception area. It should be noted that all the wood used for all the furniture has been treated and stained entirely by hand.

– Architecture

The lay-out, designed by the Teótimo Rodríguez Hermoso architectural studio, is defined as an ecological project, selecting Tenerife stone, ravine drag, water slats, wood, and ecological paint and varnish, as well as natural pigments. All the walls and terraces are south-facing to enhance and filter the lighting with the reflection of the natural light, with flexible spaces and an open design. The overall aim is always focused on enhancing a serene equilibrium between the spa and its setting, forming an integral part of the magnificent gardens of Gran Hotel Bahía del Duque.